

**EMERGENCY DIAL 911**  
**POISON CONTROL 800-222-1222**  
**NATIONAL SUICIDE PREVENTION LINE 988**

**Adult Education Resources**

Southern Crescent Technical 770-228-7348

**Youth Development Resources**

Thomaston-Upson Recreation Department 706-647-9691  
 4-H Summer Camp Upson County UGA Extension 706-647-8989  
 TRIO Program 478-731-9382  
 Civic Center Programs 706-647-9691  
 City of Refuge Church - After School Tutoring Program 706-646-5356  
 R.U.S.H Ministries Program 706-646-3660  
 Hightower Memorial Library 706-647-8649

**Senior Services**

Three Rivers Agency on Aging 888-774-0152  
 Adult Protective Services 866-552-4464  
 Upson County Senior Center 706-647-1607

**Transportation**

City Cab 706-647-8197  
 MIMBS Taxi 706-647-5411  
 Three Rivers Regional Transit 855-407-7433

**Leadership Opportunities**

Thomaston-Upson Chamber of Commerce Youth Leadership Program 706-647-9686  
 Chick-fil-a Leadership Development Program 706-647-2945  
 Thomaston Housing Authority - Youth Programs 706-647-7420

**Upson Family Connection Contact Information**

Vanetta Moss, Executive Director  
 P.O. Box 373  
 Thomaston, GA 30286  
 770.567 .2930

[WWW.UPSON.GAFCP.ORG](http://WWW.UPSON.GAFCP.ORG)

**Upson County Collaborative Meetings**

**WHEN**

Second Thursday of any given month at 12:00 PM

**WHERE**

Upson Regional Medical Center (Auditorium)  
 801 W. Gordon St,  
 Thomaston, GA 30286  
 706-647-8111

**Upson County Board of Education**

205 Civic Center Drive  
 Thomaston, GA 20386  
 706-647-9621

**Upson County Schools**

Pre-K 706-646-4729  
 N. Elementary 706-647-3632  
 S. Elementary 706-647-7516  
 Middle 706-647-6256  
 High 706-647-8171  
 Learning Academy 706-646-3872  
 Alternative School 706-647-5738

[WWW.STOPRXABUSEINGA.ORG](http://WWW.STOPRXABUSEINGA.ORG)  
[WWW.GEORGIAPREVENTIONPROJECT.ORG](http://WWW.GEORGIAPREVENTIONPROJECT.ORG)



— UPSON COUNTY —  
**family connection™**  
 A COMMUNITY RESOURCE NETWORK

**WE CREATE PARTNERSHIPS**  
**WE CONNECT RESOURCES**  
**WE STRENGTHEN FAMILIES**  
**WE BUILD STRONG COMMUNITIES**

**2023**  
**COMMUNITY RESOURCE GUIDE**



# EMERGENCY DIAL POISON CONTROL NATIONAL SUICIDE PREVENTION LINE

**911**  
**800-222-1222**  
**988**

## Physical Health & Wellness Resources

Sprewell Bluff Park	706-601-6711
Upson County Parks & Recreation/Civic Center	706-647-9691

## Health Insurance Resources

Georgia Medicaid	404-657-5468 or 877-423-4746
PeachCare for Kids	404-656-4507 or 877-423-4746
Healthcare.gov	1-800-318-2596

## Care Management Organizations

Amenigroup Community Care	1-800-249-0442
CareSource	1-855-202-0729
Peach State Health Plan	1-866-874-0633
WellCare	1-866-231-1821

## Healthcare Services

Upson Regional Medical Center	706-647-8111
Upson County Health Department	706-647-7148
Upson Family Medical Center Northside	706-647-2641

## Physical Fitness and Wellness

The Wellness Center of URMC	706-647-4466
Planet Fitness	706-623-8776
Iron Works Gym	706-646-4969

## Mental Health — Non-Crisis Resources for Adults

Anita Whitmore, LPC	706-647-4513
Jessica Lamme, LPC	706-528-6691

Leigh Kight, LMSW,	706-647-9621
CPS-P, CFRP	706-646-5725
SilverCare Unit	706-646-5725

## Mental Health — Non-Crisis Resources for Youth

Thomaston-Upson School System Counselors	706-647-7911
Geana Ellington, Thomaston-Upson School System Social Worker	706-646-9331
Grace Harbour Behavioral Health	770-486-1140

## Mental Health — Crisis Resources

Georgia Crisis & Access Line (GCAL)	1-800-715-4225
Upson County Regional Medical Center Emergency Department	706-647-8111
Promise Place	770-692-3345

## Food Assistance

House of Care - Physical & Spiritual Needs	(706) 647-3702
Food Bank - Antioch Methodist Church	(770) 647-7408
Food Bank - Baptist Tabernacle Church	(770) 647-5137
Food Bank - Church of God	(770) 647-6579 or (770) 648-3642
Food Bank - Clark's Chapel Baptist Church	(770) 647-6522 or (770) 647-3627
Food Bank - Elkins Creek Baptist Church	(770) 647-4801 or (770) 647-1745
Food Bank - Fellowship Baptist Church	(770) 647-9263 or (770) 647-7005
Food Bank - First Baptist Church	(770) 648-6636 or (770) 647-8385
Food Bank - First United Methodist Church	(770) 647-5717 or (770) 647-4246
Food Bank - Grace Primitive Baptist Church	(770) 647-4435 or (770) 647-4435
Food Bank - Heavenly Bound Church of Faith	(770) 646-2681 or (770) 646-2464
Food Bank - Holy Ground Worship Center	(770) 647-5875

Food Bank - House of Care	(770) 647-1857
Food Bank - New Hope Baptist Church	(770) 648-3843 (770) 647-3977
Food Bank - Saint John's Catholic Church	(770) 647-4050 or (770) 647-9528
Food Bank - Shiloh Baptist Church	(770) 648-2290
Food Bank - Trinity Baptist Church	(706) 647-4358 or (706) 647-3048
Food Bank- Families Feeding Families	(706) 975-1397
Food Bank - Trinity Baptist Church	(706) 647-4358 or (706) 647-3048
Food Bank- Families Feeding Families	(706) 975-1397
Food Bank- Food for Thought	(706) 975-7543
Food Bank- St. Michael's Church	(706) 975-1397
Food Bank-East Thomaston Baptist Church	(706) 647-3702
Silvertown United Methodist Church	(770) 647-6916 or (770) 648-3641

## Housing Assistance

Thomaston Housing Authority	706-646-7848
Action Ministries	404-817-7070
Georgia Housing Search	1-877-428-8844

## Special Assistance

American Cancer Society	404-582-6100
American Red Cross	706-647-3023
Centennial Baptist Association	706-647-4959
Child Support Enforcement	844-694-2347
Grief Share Ministries (Mountain View Baptist Church)	706-648-6224
Heritage Pregnancy Center Inc.	706-647-8602
Drivers License	706-646-6454
Social Security	800-772-1213
UGA County Extension	706-647-8989
Upson County Ministerial Assoc.	706-647-4234
Upson Neighborhood Service Center	706-647-1578
Veterans Services	706-646-6035